

## **Class Description: The Painted Cow**

In the painted cow class, you will learn the freedom of raw edge applique design and the impact “thread painting” can give to an image on a quilt. Considered primarily as an art quilting form, this class is designed for those who have quilted in the past, meaning you understand your machine and the fundamentals of free motion quilting. It doesn’t mean you need to “feel” like you are perfect or even good at it, it just means you need to understand how it works and have done it some. If you can stipple, or use a walking foot for quilting you should be find. She really is pretty easy to make.

Taught by Mitzie Schafer, who is a member of the Quilters of South Carolina, Devine Guild and Palmetto Modern Guild. In her previous medium of pottery/clay, she taught retreats across the south east and classes for the City of Columbia, Parks and Recreation Center. Now as a quilter/sewist, she is excited to get back into teaching – which she loves! You can see her work at [www.jitterywings.com](http://www.jitterywings.com) in the gallery, on Facebook at Jittery Wings or on Instagram at @jitterywings.

- **Materials List (Please bring):**

- A sewing machine you know and understand that can drop the feed-dogs and do free motion
- Free motion foot for your machine
- SHARP type needles for your machine (Bring a pack or 3) 80/20
- The needles you usually use to piece and quilt with
- A piece of backing measuring 36 x 36
- A piece of batting measuring 36 x 36
- A piece of BACKGROUND that measures 36” x 36”. This is tricky to pick in advance, so think about your colors of fabric. If you are a solids person, then you could bring a background with a faint print on it. Nothing that detracts from the cow. If you like wild fun prints, then definitely a solid background. I like backgrounds with texture, like an Essex Linen. Especially the ones with a little sparkle in them.
- A light box if you have one is helpful
- Pressing table/board
- Iron that you can turn on and off the steam
- Design board
- A sharpie, pencil and fabric marker that can be washed away or disappears (or chalk)
- Scissors you don’t mind cutting “goeey” stuff with
- Fabric scissors too
- Tape – masking tape and Scotch/transparent tape
- Fabric selection in fat quarters.
  - Batiks work great
  - Tone on tone fabrics and solids work great
  - Small prints like Kaffe Fassett work well
  - As you think about colors, red, yellow, purple, blue, green, orange...look for 5 fat quarters in each color range. You will NOT use them all. You will only need 6-10 total pieces of fabric, but you will want options when you get here. In the color family, be sure to have different ranges of tone and value.
    - Bring a Fat Quarter of something you think would make a good Fence under your cow’s nose. In my purple Kaffe Fasset sample, I used a grey Essex Linen. Can be any color you would like.

- A 10 x 10 piece each of each in a Kona, Bella or Art Gallery solid:
      - Black
      - White
      - light grey
      - dark grey
    - Large size (not a spool size) of Aurifil 40 wt black thread. Other matching threads for your fabrics in 40 wt and HIGH Quality.
    - 5 Yards of Steam-a-Seam Lite in at least 12" wide
    - Pins for basting or spray baste, your preference
    - Notebook and pen to take notes
    - Quilting gloves (if you use them to quilt)
    - Extension cords
    - Extra bobbins for your machine
    - *NOTE: This is not required, you can make the cow without it, but it does make is much easier.* Bring a Teflon Coated Sheer Fiberglass sheet. I use the Fat Goddess Sheet from [www.mistyfuse.com](http://www.mistyfuse.com). I paid about \$30 for my sheet. I use it OVER and OVER, every time I make an art quilt. You can order online. I will have mine for you to see how it works. If you want to wait and see if you like art quilting before you purchase, that is quite alright. Again, it is a bonus. NOT required. The one I have is 21" x 27". It is actually a kitchen item.
    - Anything else that you usually take to a class with you (just in case)
- **Provided by Teacher:**
  - Original Painted Cow Pattern by Mitzie Schafer
- **Teacher will have available:**
  - Pressing table
  - Iron
  - Lightbox
  - Rubbing alcohol
  - Paper towels
  - Design Walls (2 large)
  - Extension cords
  - Yummy things (you can bring some too if you'd like)
  - Some of my other patterns in print. Always available on PDF for purchase as [www.jitterywings.com](http://www.jitterywings.com)